

**Joseph P. Brindise, D.O.**  
Board Eligible Orthopaedic Spinal Surgeon

**Illinois Spine Institute**  
Schaumburg & Crystal Lake, Illinois  
500 West Golf Road, Suite 101  
Schaumburg, IL 60195  
Ph: (847) 303-1200 Fax: (847) 519-9760  
[www.ilspine.com](http://www.ilspine.com)

**EDUCATION**

Houston Methodist Spine Surgery Fellowship, Houston, Texas August 2017-July 2018  
Program Director: Dr. Rex A.W. Marco

Beaumont Health – Botsford Campus, Farmington Hills, Michigan July 2012 – June 2017  
Statewide Campus System  
Michigan State University College of Osteopathic Medicine  
Orthopaedic Surgery Residency

Midwestern University, Downers Grove, Illinois August 2007 – May 2012  
Chicago College of Osteopathic Medicine  
Doctor of Osteopathic Medicine  
Academic Rank: 1 of 171

Midwestern University, Downers Grove, Illinois February 2009 – May 2012  
Chicago College of Osteopathic Medicine  
Osteopathic Manipulative Medicine Department  
Osteopathic Medicine Predoctoral Fellowship

Purdue University, West Lafayette, Indiana August 2002 – May 2006  
Bachelor of Science in Mechanical Engineering

**MEDICAL LICENSURE**

State of Illinois (Full Medical, Active) December 2017 – Present

State of Texas (Full Medical, Active) May 2017 – Present

State of Wisconsin (Full Medical, Active) October 2018 – Present

**ACADEMIC HONORS & SCHOLARSHIPS**

Beaumont Health - Botsford Campus, Farmington Hills, Michigan

Orthopaedic Surgery Chief Resident

July 2016 – June 2017

Midwestern University, Downers Grove, Illinois  
Chicago College of Osteopathic Medicine (CCOM)

Outstanding Leadership and Service as President of UAAO

April 2009

Olympia Fields Service League Guild CCOM Scholarship

February 2009

CCOM Alumni Association Book Grant

June 2008

Midwestern University CCOM Scholarship

February 2008

**MEDICAL MISSIONS**

Health Volunteers Overseas

Kilimanjaro Christian Medical Centre  
Moshi, Tanzania

March 2017

Botsford General Hospital, Farmington Hills, Michigan

Guatemala Medical Mission

March 2013

**SCHOLARLY SOCIETY MEMBERSHIP, COMMITTEES, & ACTIVITIES**

American Academy of Orthopaedic Surgeons (AAOS)

American Osteopathic Association (AOA)

American Osteopathic Academy of Orthopedics (AOAO)

AO Spine

North American Spine Society (NASS)

Osteopathic Cranial Academy

Sutherland Cranial Teaching Foundation

**SPECIALITY TRAINING**

Pediatric Spine Surgery Texas Children’s Hospital Houston, Texas	June – July 2018
Spinal Oncology Surgery MD Anderson Cancer Center Houston, Texas	April – May 2018
Orthopedic Trauma Surgery Indiana University Health Methodist Hospital Indianapolis, Indiana	March – June 2016
Adult Spine Surgery William Beaumont Hospital Royal Oak, Michigan	October 2015
Pediatric Orthopedic and Pediatric Spine Surgery Cincinnati Children’s Hospital Medical Center Cincinnati, Ohio	July-September 2015
Musculoskeletal & Spinal Oncologic Surgery Mayo Clinic Rochester, Minnesota	February 2015
Musculoskeletal Oncologic Surgery William Beaumont Hospital Royal Oak, Michigan	January 2015

**ACADEMIC LECTURES & WORKSHOPS**

*Osteopathic Manipulative Medicine*

Brindise J, Garlanger K. Senior Workshop. Department of OMM Senior Rotation Lecture and Workshop. MWU/CCOM, Downers Grove, Illinois. April 25, 2011.

McKeigue M, Brindise J. Freshman Workshop. Evaluation and Manipulative Treatment of the Patient with Lower Back Pain. MWU/CCOM, Downers Grove, Illinois. April 20, 2011.

Brindise J. Sophomore Lecture. Osteopathic Terminology Board Review. MWU/CCOM, Downers Grove, Illinois. April 13, 2011.

Hohner J, Brindise J, Schell M. Freshman Workshop. Lumbar, Sacrum, and Pelvis II. MWU/CCOM, Downers Grove, Illinois. April 6, 2011

Habenicht A, Celm A, Brindise J. Freshman Workshop. Clinical Applications of Cranial Osteopathy II. MWU/CCOM, Downers Grove, Illinois. March 30, 2011.

Brindise J, Schell M. Senior Workshop. Department of OMM Senior Rotation Lecture and Workshop. MWU/CCOM, Downers Grove, Illinois. March 28, 2011.

Hohner J, Brindise J. Sophomore Workshop. Manipulative Modalities for the Urogenital Patient. MWU/CCOM, Downers Grove, Illinois. March 23, 2011.

Brindise J. Junior Lecture/Workshop. OMT in Pediatrics: A Quick Review of Useful Techniques for the 3<sup>rd</sup> Year Medical Student. MWU/CCOM, St. James Olympia Fields Regional Hospital and Medical Center, Olympia Fields, Illinois. March 10, 2011.

Calden M, Brindise J. Freshman Workshop. Thoracic III/ Viscerosomatic Reflexes. MWU/CCOM, Downers Grove, Illinois. March 3, 2011.

Brindise J, Shah P, Null M. OMM PM&R Residents Program. Osteopathic Considerations for Acute Low Back Pain. Rush University Medical Center, Chicago, Illinois. March 3, 2011.

Shah P, Brindise J. Senior Workshop. Department of OMM Senior Rotation Lecture and Workshop. MWU/CCOM, Downers Grove, Illinois. February 28, 2011.

Brindise J. Urology Residents Program. Osteopathic Considerations for the Surgical Patient. John H. Stroger, Jr. Hospital of Cook County, Chicago, Illinois. December 14, 2010.

Brindise J, Shah P. Junior Lecture/Workshop. OMT in Pediatrics: A Quick Review of Useful Techniques for the 3<sup>rd</sup> Year Medical Student. MWU/CCOM, St. James Olympia Fields Regional Hospital and Medical Center, Olympia Fields, Illinois. July 29, 2010.

Brindise J, Kulovitz K, Greer M. OMM PM&R Residents Program. Diagnosis and Treatment of the Sacrum. Rush University Medical Center, Chicago, Illinois. March 26, 2010.

Brindise J. Urology Residents Program. Osteopathic Considerations for Urology. John H. Stroger, Jr. Hospital of Cook County, Chicago, Illinois. December 8, 2009.

Heinking K, Brindise J. ER Residents Program. Comprehensive Osteopathic Examination of the Patient with Lower Back Pain. MWU/CCOM, Downers Grove, Illinois. November 19, 2009.

Shah P, Vertrees S, Brindise J. OMM PM&R Residents Program. Thoracic Region and Rib Cage. Rush University Medical Center, Chicago, Illinois. October 30, 2009.

Davison D, Brindise J. Sophomore Workshop. Pulmonary/Rib Dysfunction. MWU/CCOM, Downers Grove, Illinois. October 28, 2009.

Shah P, Brindise J. Senior Workshop. Department of OMM Senior Rotation Lecture and Workshop. MWU/CCOM, Downers Grove, Illinois. October 26, 2009.

Brindise J, Greer M. Junior Lecture/Workshop. OMT in Pediatrics: A Quick Review of Useful Techniques for the 3<sup>rd</sup> Year Medical Student. MWU/CCOM, St. James Olympia Fields Regional Hospital and Medical Center, Olympia Fields, Illinois. October 22, 2009.

Heinking K, Brindise J. Sophomore Workshop. GI Disorders: An Osteopathic Approach. MWU/CCOM, Downers Grove, Illinois. October 21, 2009.

Hohner J, Brindise J. Freshman Workshop. Sacral Motion Testing and Treatment. MWU/CCOM, Downers Grove, Illinois. October 14, 2009.

Nelson KE, Serrecchia F, Brindise J. Freshman Workshop. Lumbar with Psoas. MWU/CCOM, Downers Grove, Illinois. October 7, 2009.

Serrecchia F, Brindise J. Sophomore Workshop. Counterstrain, Facilitated Positional Release (FRR), & Still Technique. MWU/CCOM, Downers Grove, Illinois. September 30, 2009.

Greer M, Brindise J. Senior Workshop. Department of OMM Senior Rotation Lecture and Workshop. MWU/CCOM, Downers Grove, Illinois. September 29, 2009.

Kulovitz K, Brindise J., Garlanger K. OMM PM&R Residents Program. Somatic Dysfunction and Diagnosis of Somatic Dysfunction. Rush University Medical Center, Chicago, Illinois. August 28, 2009.

Davison D, Brindise J. Freshman Workshop. Motion: Where is the Problem? MWU/CCOM, Downers Grove, Illinois. August 26, 2009.

Kulovitz K, Brindise J., Garlanger K. Senior Workshop. Department of OMM Senior Rotation Lecture and Workshop. MWU/CCOM, Downers Grove, Illinois. August 9, 2009.

Shah P, Brindise J. Junior Lecture/Workshop. OMT in Pediatrics: A Quick Review of Useful Techniques for the 3<sup>rd</sup> Year Medical Student. MWU/CCOM, St. James Olympia Fields Regional Hospital and Medical Center, Olympia Fields, Illinois. July 30, 2009.

### *Orthopaedics*

Brindise J. Orthopaedic Department. Adolescent Idiopathic Scoliosis. Beaumont Health - Botsford Campus, Farmington Hills, Michigan. November 30, 2016.

Brindise J. Orthopaedic Department. Metabolic Bone Disorders. Beaumont Health - Botsford Campus, Farmington Hills, Michigan. September 27, 2016.

Brindise J. Orthopaedic Trauma Department. Surgical Site Infections: Surgical Attire and the Operating Room. Indiana University Health Methodist Hospital, Indianapolis, Indiana. June 29, 2016.

Brindise J. Orthopaedic Trauma Department. Femoral Shaft Nonunion. Indiana University Health Methodist Hospital, Indianapolis, Indiana. April 20, 2016.

Brindise J. Orthopaedic Department. Spine Preoperative Conference. Spine Oncology Case Presentation. Beaumont Health – Royal Oak Campus, Royal Oak, Michigan. October 26, 2015

Brindise J. Orthopaedic Department. Aneurysmal Bone Cyst Case Presentation. Botsford Hospital, Farmington Hills, Michigan. May 14, 2015.

Brindise J. Orthopaedic Department. Soft Tissue Sarcoma Board Review. Botsford Hospital, Farmington Hills, Michigan. April 8, 2015.

Brindise J. Orthopaedic Department. Musculoskeletal Oncology OITE Review. Botsford Hospital, Farmington Hills, Michigan. October 30, 2014.

Brindise J. Orthopaedic Department. Basic Science - Arthroses. Botsford Hospital, Farmington Hills, Michigan. September 24, 2014.

Brindise J. Orthopaedic Department. Developmental Dysplasia of the Hip. Botsford Hospital, Farmington Hills, Michigan. August 13, 2014

Brindise J. Orthopaedic Department. Acetabular Fractures. Botsford Hospital, Farmington Hills, Michigan. July 23, 2014

Brindise J. Orthopaedic Department. Myelodysplasia. Botsford Hospital, Farmington Hills, Michigan. 13 Jun 2014

Brindise J. Orthopaedic Department. Soft Tissue Sarcomas. Botsford Hospital, Farmington Hills, Michigan. May 6, 2014.

Brindise J. Orthopaedic Department. Hand Flexor and Extensor Tendon Injury. Botsford Hospital, Farmington Hills, Michigan. March 19, 2014

Brindise J. Orthopaedic Department. Elbow Instability. Botsford Hospital, Farmington Hills, Michigan. February 11, 2014

Brindise J. Orthopaedic Department. Shoulder Instability. Botsford Hospital, Farmington Hills, Michigan. January 18, 2014

Brindise J. Orthopaedic Department. Cervical Myelopathy. Botsford Hospital, Farmington Hills, Michigan. December 10, 2013.

Brindise J. Orthopaedic Department. Achilles Tendon Rupture. Botsford Hospital, Farmington Hills, Michigan. October 22, 2013

Brindise J. Orthopaedic Department. Patella Fractures. Botsford Hospital, Farmington Hills, Michigan. September 25, 2013

Brindise J. Orthopaedic Department. Developmental Dysplasia of the Hip. Botsford Hospital, Farmington Hills, Michigan. August 6, 2013

Brindise J. Orthopaedic Department. Fingertip Injuries. Botsford Hospital, Farmington Hills, Michigan. July 11, 2013

Brindise J. Orthopaedic Department. Osteosarcoma Case Presentation. Botsford Hospital, Farmington Hills, Michigan. May 30, 2013.

Brindise J. Orthopaedic Department. Medical Ethics and Evidence Based Medicine. Botsford Hospital, Farmington Hills, Michigan. May 14, 2013

Brindise J. Orthopaedic Department. Legg-Calve-Perthes Disease. Botsford Hospital, Farmington Hills, Michigan. February 20, 2013.

Brindise J. Orthopaedic Department. Complications of Locked Volar Plate Fixation of Distal Radius Fractures. Botsford Hospital, Farmington Hills, Michigan. November 26, 2012.

Brindise J. Orthopaedic Department. Distal Radius Fractures: Treatment Options and Surgical Indications. Botsford Hospital, Farmington Hills, Michigan. November 20, 2012.

Brindise J. Orthopaedic Department. Pediatric Shoulder. Botsford Hospital, Farmington Hills, Michigan. August 21, 2012.

### **MANUSCRIPTS**

Brindise J, Nelson KE, Kappler RE. Association Between Cervical and Thoracic Somatic Dysfunction Among Second-Year Osteopathic Medical Students. Journal of the American Osteopathic Association, Volume 114, Number 7, Pages 540-549, July 2014.

Slaughter MS, Sobieski MA, Gallagher C, Graham J, Brindise J, Stein R. Fibrinolytic Activation during Long-Term Support with the Heartmate II Left Ventricular Assist Device. American Society for Artificial Internal Organs Journal, Volume 51, Issue 1, Pages 115-119, January – February 2008.

### **POSTERS & PRESENTATIONS**

Brindise J, Marco R. Conservative Pedicle Screw Usage in Hybrid Constructs for the Treatment of Idiopathic Scoliosis. A Retrospective Review of the Houston Shriners Hospital Experience: Curve correction, Cost Analysis and Complications. 3<sup>rd</sup> Annual Hugh S. Tullos, MD Resident and Fellow Research Symposium, June 21, 2018, Houston, Texas.

Brindise J, Marco R. Conservative Pedicle Screw Usage in Hybrid Constructs for the Treatment of Idiopathic Scoliosis. A Retrospective Review of the Houston Shriners Hospital Experience: Curve correction, Cost Analysis and Complications. 16<sup>th</sup> Annual AOSpine North America Fellows Forum, March 22-25, 2018, Banff, Alberta.

Brindise J. Lovett and His Couplets. A. Hollis Wolf Case Presentation. Third Place Winner. American Academy of Osteopathy, Annual Convocation, March 21-25, 2012, Louisville, Kentucky.

Brindise J, Shah P, Nelson K, Kappler R. The Cervical Thoracic Connection. Second Place Winner. Student Research Poster Competition. American Osteopathic Association Annual Research Conference, October 24-28, 2010, San Francisco, California.

Kulovitz K, Garlanger K, Brindise J, Aguinaldo E, Jefferson E, McMahon K, Matlon J, Feigh T, DePrima C, Fennell B, Rybak A, Heinking K. Structural Asymmetry and Its Relation to Sports Injury. American Osteopathic Academy of Orthopedics, Annual Meeting, October 24-28, 2010, San Francisco, California.

Slaughter M, Sobieski M, Gallagher C, Brindise J, Dia M, Silver M. Long Term Support with Continuous Flow Left Ventricular Assist Device: Effect of Reduced Pulsatility on Renal Function. International Society for Heart & Lung Transplantation, Annual Meeting, April 25-28, 2007, San Francisco, California.

**ABSTRACTS**

Brindise J, Shah P, Nelson K, Kappler R. The Cervical Thoracic Connection. Journal of the American Osteopathic Association, Volume 110, Issue 8, Pages 449-50, August 2010.

Hendel R, Brindise J, Davis J, Cahill J. A pilot study for the evaluation of the appropriateness of SPECT myocardial perfusion imaging. Winner Best Regional Abstract - United States of America. Journal of Nuclear Cardiology, Volume 14, Issue 2, Pages S75-S75, March 2007.

**BOOK CHAPTERS**

Marco R, Brindise J, Dong D. MOSS: A Patient Centered Approach. In: Marco R, editor. Metastatic Spine Disease A Guide to Diagnosis and Management. Switzerland: Springer; 2018. p. 1-20.